

Many Cultures, One Community

Applying  C.A.R.E. *about* U.

Plan 4: Appreciating Music, Dance and Clothing (55 min)



Materials Required for a class of 20:

- *Suki's Kimono* by Chieri Uegaki and Stephane Jorisch
 - *What We Wear – Dressing Up Around the World* by Maya Ajmera
 - 1 ½" Diameter Black Craft Pom Poms (1/child)
(Factory Direct Craft Item #1017890)
 - 2-3 Rolls of Skin Colored Construction Paper or Duct/Duck Tape (1.88" x 20 Yds.)
Recommended: Office Depot -Pacon Multicultural **Construction Paper** 9 x 12)
(Michaels Item #'s: 10457507, 10133139 and 10241518)
 - Recollections Mustache Stickers (46 pc Package)
(Michaels Item # 10402334)
 - Empty Toilet Paper Cardboard Tubes (1/child)
 - Small Googly Eyes or Eye Stickers (2/child)
 - 10-15 Black Adhesive Foam 9" X 12" Sheets (Michaels Item # M10032002)
 - 1-2 pieces of Red Adhesive Foam Sheets or Red Tissue Paper
 - 15 Pieces of Black Construction Paper
 - Bottles of School Glue
 - Scissors
 - Gold metallic marker
- Individually Wrapped Mexican / Fiesta Candies (Amazon or Oriental Trading)
 - Music: Hat Dance, Mariachi and Traditional Japanese music (see videos links)

Fun Extension Activity: Purchase costumes to wear while reading (i.e. Kimono or Mariachi Band)

Optional Extension or Substitute Project: 12 Latex Balloons, Recycled tin cans and colorful duct tape and/or costumes such as kimono or mariachi band (HalloweenCostumes.com)

Note: Sources for several items are listed above as suggestions to help you locate items

Objective:

To explore with respect, empathy and understanding the traditional dress of several cultures, as well as to appreciate the music and dance of one or more cultural groups. To broaden youth's capacity to respect and accept differences in order to reduce culturally or diversity-motivated bullying.

Prep:

Cut and glue black construction paper to each empty toilet paper roll

Cut (or cut and glue) into 6" strips:

- 2-3 Rolls of Skin Colored Duct/Duck Tape (1.88" x 20 Yds.)
(Optional: Substitute Skin Colored Construction Paper and Glue)



Cut black adhesive foam into circles:

- 3" diameter (1 /child)
- 2" diameter (1 /child)

Cut red adhesive foam into a small scarf (V-shape) or red tissue paper into a small strip



Part One: Warm-up

1. Play several selections of music from different cultures:

- Mariachi Music <https://www.youtube.com/watch?v=cUN9sX86ZwA>
- Traditional Japanese <https://www.youtube.com/watch?v=wV7ynX8HR24>

2. Ask: Has anyone heard music like this before?

3. Explain: Different cultures have beautiful traditions. Many of them have unique items of clothing, music and dance. Today, we are going to enjoy being curious, accepting, respectful and empathetic so we understand that some people may dress differently than us. Often, it is tied to the history of their families and culture with music and dance. Being accepting and understanding of differences in culture, is not only important, it can be fun to learn about others too!

4. What do you think these quotes mean?



Part Two: Reading and Discussion

1. Explain: There are many types of music, dance and cultural pieces of clothing. We cannot talk about them all, but remember no matter what cultural difference you encounter, it is important to be accepting. Today, we will start with a Japanese item of clothing called a kimono.
2. Read aloud: *Suki's Kimono* by Chieri Uegaki and Stephane Jorisch
3. Ask: Why do Suki's sisters make fun of her? Would you have made fun of her? Why or why not?
Why does Suki like her kimono so much?
Why is the class so quiet after Suki shows them the dance?
What did the class learn that day? What did Suki learn?
Why were Suki's sisters unhappy on the way home from school?
Do you know of a cultural piece of clothing other than the kimono?

Part Three: Let's Dance and Make a Mini Mariachi Band

1. Explain: Like in *Suki's Kimono* where Suki wears a kimono that symbolizes where her family is from, many cultures have a traditional dress. All around the world, how people dress is connected with their climate (weather), culture and traditions.

2. Allow students time to study the pictures as you read this simple book: *What We Wear – Dressing Up Around the World* by Maya Ajmera, Elise Hofer Derstine and Cynthia Pon.
3. Explain: In Mexico, special bands called mariachi bands wear a charro costume.
Mariachi (/mə:ri'ɑ:tʃi/; Spanish: [ma'ɾjatʃi]) is a musical expression that dates back to at least 18th century in Western Mexico. The formal “charro” costume is made up of a short jacket and high tight black pant.
4. Explain: Dance is a form of expression. It is an interesting way to enjoy different cultures. Today, we are going to try the Mexican Hat Dance!
 The jarabe Tapatío is a Mexican folk dance, often called the national dance of Mexico, and better known internationally as the Mexican hat dance.
5. Show the children how to do the dance. You may prefer to show an instructional video such as one of these:
 - Good instructional video for all : <https://www.youtube.com/watch?v=p31IF-hY9u0>
 - Instructional Video for teachers: <https://www.youtube.com/watch?v=g4pMhWrsuZc>
6. **Have the children stand either spread out or in a circle. Play the music as you lead the children in a fun dance experience. If you prefer, dance along to a video. Here are a few suggestions:**
 - Fun to dance to: <https://www.youtube.com/watch?v=3JedVIAeBm0>
 - Fun for younger kids: <https://www.youtube.com/watch?v=XgRMRfQgsIM>

7. Today, we are going to make mariachi band players and fill them with fiesta candy!



8. Give each child an empty toilet paper tube and 3 pieces of duct tape:
 - 6” pc of Skin Colored Duct/Duct Tape
 - 6” pc of Black Duct Tape (1.88” x 20 Yds.)
 - 6” pc of Black Artists Tape (.94” x 20 Yds)
 - One Recollections Mustache Sticker
 - 1 black pom pom
 - 1 2” black foam circle
 - 1 3” black foam circle
 - 1 red scarf, pre-made from tissue paper or red foam
 - 2 googly eyes
 - 3-4 pieces of Mexican candy

Children should share:

- glue
- gold metallic marker



Step 1: Instruct children to wrap the skin colored tape a ¼" away from one end of the tube. This will be the face.



Step 2: Place the mustache sticker and two eye stickers on the face.



Step 3: Use a gold metallic marker to create a design on the 3" black foam circle. Let dry. This will be the brim of the hat.



Step 4: Flip over the brim and peel backing. Flip tube and adhere the brim of hat to the tube.



Step 5: Flip tube and glue a black pom-pom to the top.



Step 6: Add a red bow tie made from red adhesive foam or red tissue paper.



Step 7: Peel the backing off the 2" foam circle. Add a few pieces of Mexican candy inside the tube and seal with the circle.

Final Products:



Substitute/Extension Activity:

- Explain: The Junkanoo festival is a carnival/street parade in the Bahamas. On December 26th and January 1st, the streets of Nassau and other Bahamian ports are swept by dancing and costumes.
 - What makes The Bahamas especially unique is the diverse history of settlers on the island. Many who chose to live on The Bahamas were seeking a different way of life.

- Some of residents making up the island are descendants of slaves who arrived on the islands from West Africa.
- Show:
 - <https://www.youtube.com/watch?v=PKJIVfvCwnE&app=desktop>
- Distribute: 1 Recycled Can, Colorful Duct Tape, a balloon and scissors to each student or small group of students
- Instruct students to:
 - Cut off the opening/smaller part of the balloon (remove 1/3 or less of the balloon depending on the size of the recycled can)
 - Stretch the larger remaining part of the balloon over the can opening
 - Use strips of colorful duct tape to wrap around and decorate the can
 - Use your hands or the eraser side of an unsharpened pencil to beat your new drum!



Another fun idea: Have a kimono and/or mariachi costume for the children to try on and take pictures!

Part Four: Wrap-up

1. Ask: Do you think music and dance demonstrate what a country or culture may be like?
2. Ask: How does taking the time to hear music, appreciate dress and experience dance help us understand others?

Recommended Additional Reading:

A Life Like Mine, How Children Live Around the World (In Association with Unicef) Forward by Harry Belafonte

This book is hard to locate, but it offers a magnificent glimpse into cultures around the world. Photos of clothing, daily life experiences and foods show a clear picture of what children experience in many parts of the world.

Lola's Fandango by Anna White

Lola is in awe of her glamorous older sister. She wants to learn to flamenco dance like the older women in her family. She learns it is hard to do, but she keeps trying! The text is infused with the rhythms, movements and sounds of the dance. Spanish dress and customs are beautifully illustrated with a wonderful story of family tradition.

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