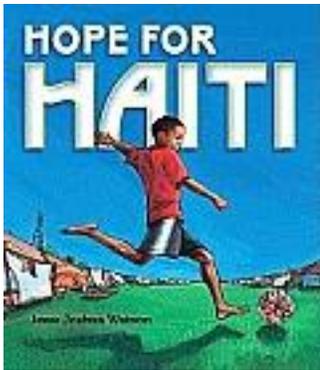


## Many Cultures, One Community

### Applying C.A.R.E. *about* U. Plan 5: Sports and Games (55 min)

#### Materials Required:



- *Hope for Haiti* by Jesse Joshua Watson
- Newspaper circulars (15 pages/child or small group)
- Newspaper delivery bags (1/child or small group)
- 3'-4' of twine, string or thick yarn/child or small group
- Soccer Ball
- 12-20 Rags (cut into strips or in square or rectangular shapes -about 15" x 15")
- Rubber Bands or Duct Tape
- Sidewalk Chalk or Masking tape (To play the Triangle Game from Greece inside)
- Small pebbles (for the Triangle Game from Greece)



Optional: PowerPoint, Completed Video handouts from Plan 1, Video cameras and prizes- Suggested Prize for each participant: Oriental Trading IN-42/2080

#### Objective:

To explore with respect, empathy and understanding the games and sports of several countries in order to help youth generalize acceptance for differences across cultures.



#### Prep:

Make a sample rag ball out of rags by bunching your smallest rag into a ball. Wrap that small ball with additional rags, layer by layer. Secure the bunch of wrapped rags with Duct Tape or rubber bands until you have a ball the size of a soccer ball. Display your rag ball as a hook for this lesson or use it in the warm-up game.

#### Warm-up: Play a Game

1. Explain: Today we are going to try to understand different games from different countries and cultures. First, we will play a game from \_\_\_\_ (refer to the game description below to fill in the country's name). We cannot play games from all the different countries, but remember the understanding of others and the acceptance of the differences we are exploring can be applied to all cultures.

2. Select one of the following games to play with the group:

##### A. HUNTERS AND RABBITS (Belgium)

You can play this game with as many people as you would like and it should be played in a wide, open place.

- One player starts with the ball – he/she is the hunter. This player then has to dribble the ball (with their feet- as in soccer)
- The hunter tries to get closer to the “rabbits,” which is everyone else in the game.
- The rabbits are only allowed to hop, they cannot run.
- Once the hunter gets close enough to a rabbit, he/she must stop and throw the ball at a rabbit's legs. If the ball touches the rabbit's leg, then that rabbit becomes a hunter too. If the ball lands anywhere else besides the rabbit's legs, then the rabbit stays a rabbit.

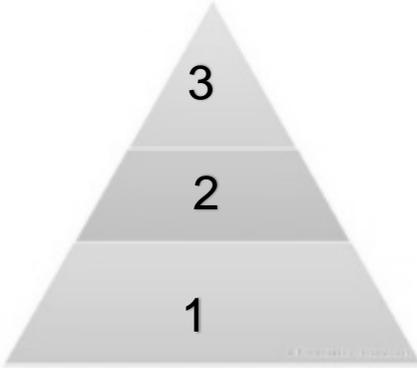
- The last rabbit standing is the winner of the game. The tricky part is that no matter how many hunters there are, there can only be one ball to catch the rabbits with.

### B. EL GATO Y EL RATON (Puerto Rico)

This game must be played with a group of people, and they must choose a leader. (Typically the leader is an adult.)

- The leader will select one person to be the cat and one person to be the mouse. The rest of the people will form a circle holding hands.
- The mouse will start on the inside of the circle and the cat will start on the outside. The objective is for the cat to catch the mouse with the people in the circle trying to help the mouse escape and keep the cat out without ever unlocking arms.
- If the cat gets into the circle, the mouse must escape it.
- When the mouse is caught, the leader chooses two new people to be cat and mouse, and the game starts all over again.

### C. TRIANGLE GAME (Greece)



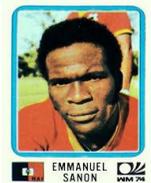
This game is typically played outside where you are able to use chalk with a small group of people.

- You draw a large triangle on the ground and split it into 3 parts as shown above. The smallest part you label with a 3, the middle a 2 and the bottom a 1.
- Players take turns throwing rocks from 15 feet away. As they are throwing, the players add up their scores based on the numbered section that the rock landed in.
- The first person to 50 is the winner.

Explain how some games are played in many countries, such as soccer or mancala.

### Part Two: Reading and Discussion

1. Show the students the ball you made out of rags and the soccer ball we use in the USA.
2. Explain: In many countries, children cannot afford a soccer ball like the one familiar with so they make one! Soccer is a very popular game across many cultures and throughout the world. Many people call it football. Children across the world make rag balls out of the scraps they find around their neighborhoods. They use string, twine and small pieces of fabric, plastic and newspapers.
3. Point out the rag ball on the cover of *Hope for Haiti* by Jesse Joshua Watson
4. Ask: Has any one ever heard of Emmanuel Sanon before?
5. Read aloud: *Hope for Haiti* by Jesse Joshua Watson
6. Ask: Can you imagine what it might be like to make your own soccer ball?
7. Ask: What do you think it would be like to live in a house made out of sheets?



**Emmanuel Sanon, World Cup Hero- His goal at the World Cup of 1974 against Italy was legendary. Emmanuel Sanon, from the small island of Haiti, played soccer with his heart; he had no sense of strategy- "that's playing soccer like a robot". The Haitian Athlete of the Century always took much pleasure in the game, until his untimely death in 2008.**

### Part Three: Let's Make a Rag Ball

1. Explain: Today we are going to make a rag ball on a string.

2. Explain in this video: A man in Khayelitsha, South Africa (near Cape Town) how shows us they make a handmade soccer ball from recycled materials gathered in the township.
3. Show the video: <https://www.youtube.com/watch?v=yb511SRiKXE>
4. Give each child or each small group of children:
  - a. 15 sheets of recycled newspaper circulars
  - b. 1 plastic newspaper delivery bag
  - c. 1 piece of string, yarn or twine (3'-4' long)
  - d. Scissors
5. Instruct children to open and lay the papers on the desk in front of them. They should put the largest pieces of paper on the bottom and the smallest on the top.
6. Share the following step by step instructions with the children:



Step 1: Make a small ball out of the top piece of paper. Pack it as tightly as you can.

Step 2: Wrap the small ball of paper with the second piece of paper to make a larger ball.

Step 3: One sheet of paper at a time, continue wrapping and packing tightly to make the ball larger.

Step 4: Stop wrapping when the ball becomes the size of the opening on the plastic bag.

Step 5: Put the ball of paper into the bag and slide it down to the bottom of the bag.



Step 6: Twist the top of the bag 4-6 times.

Step 7: Flip the top of the bag inside out and down around the ball.

Step 8: Twist the top of the bag again.

Step 9: Tie yarn or twine to seal the top of the bag. Trim away excess plastic at the top of the bag.

Step 10: If you have extra yarn, wrap and tie it around the bag. Then, hold onto the string and kick that ball! Have fun practicing!

Optional: While some students are playing with their rag ball, others can be practicing their skits or making their videos for the contest to win a soccer ball- See handout from Plan 1. Videos or performances can be enjoyed during Plan 6. Note: All participants win a small prize (See materials list for suggested prize)

#### Part Four: Play Time

1. Allow time for the children play with the rag ball you made out of cloth scraps or their own crafted ball.  
Optional: While some students are playing with their rag ball, others can be practicing their skits for the contest to win a soccer ball- See handout from Plan 1. This may be a good time to make one or more videos. Videos or performances should be enjoyed during Plan 6. Note: All participants win a small prize (See materials list for suggested prize)
2. To motivate the other groups to improve their play, select one of the best groups to perform their student plays. Plan time to video

#### Part Five: Wrap-up

1. Ask: Do you think all children around the world play? What if they do not have money for toys?
2. Ask: How do you think play makes all children the same?

#### Recommended Additional Reading:

##### Goal! by Mina Javaerbin

A lyrical, strikingly illustrated story celebrates the unifying power of soccer. In a dusty township in South Africa, Ajani and his friends have earned a brand-new, federation-size soccer ball. They kick. They dribble. They run. They score. But when a crew of bullies tries to steal their ball, will Ajani and his friends be able to beat them at their own game?

##### Soccer Star! by Mina Javaerbin

When Paulo Marcelo Feliciano becomes a soccer star, crowds will cheer his famous name! Then his mother won't have to work long hours, and he won't have to work all day on a fishing boat. For now, Paulo takes care of his little sister Maria (she teaches him reading, he teaches her soccer moves) and walks her to school... Set in a country whose resilient soccer stars are often shaped by poverty, this uplifting tale of transcending the expected scores a big win for all.

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The *Turning Bullies into Buddies* Program is made possible by funding from:

