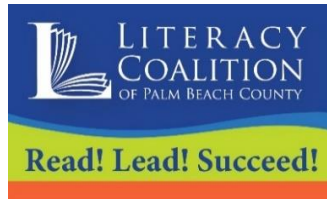


READ and THINK before you ACT.



## Leading through Reading

### READ

## Needs vs. Wants (K-2)



There are things you **need** and there are things you **want**. Needs are different from wants. Things that you need are the items that keep you alive. Food, water, and shelter are **needs**.



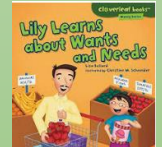
Things that you want are things that make your life more enjoyable, but you could live without. Video games, cookies and television shows are examples of wants.



When you appreciate having what you need, then you can be happy without getting everything that you want.

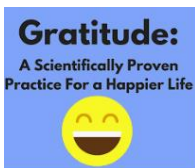
READ

[Lily Learns about Wants and Needs](#)  
by Lisa Bullad



Buying what we need comes first.

### THINK



If you make a fuss about getting something that you want, what do you think that does to your other family members?

How can an attitude of gratitude for having what you need help you and your family to be happier?

### ACT

WATCH: PBS  
[Happiness Video](#)



FREE [BrainPOP](#)  
Wants vs. Needs



**How many things around your home are to fulfill *needs*? How many are to fulfill *wants*?**

- Set up two blankets (or two beach towels) side by side on the floor.
- Write the word NEEDS on a piece of paper. Put it on one blanket/towel.
- Write the word WANTS on a piece of paper. Put it on the other blanket/towel.
- Move some things from around your home onto the WANTS blanket/towel. \*
- Move some things from around your home onto the NEEDS blanket/towel. \*
- When you are done, look at the two blankets/towels and everything you put on top.
- Read the lists that you wrote.
- Take time to realize and feel grateful for one or more things that you have on each blanket/towel. If you could have only the things on one towel, which would it have to be?
- Remember gratitude helps make you feel happier.

\*Note: Do not move anything you are not willing to move back. If you cannot move something, such as milk, eggs, or your bed, use another piece of paper to write a list to set on top of the blanket/towels.

This at-home educational activity is from the Literacy Coalition of Palm Beach County's literacy-based social emotional learning program. *Read! Lead! Succeed!* is made possible with support from Prime Time Palm Beach County, Inc., which receives significant funding for its overall operations from the Children's Services Council of Palm Beach County.

Sharing is caring! Send us a picture of you and your *Read! Lead! Succeed!* projects to [nbirardi@literacypbc.org](mailto:nbirardi@literacypbc.org)