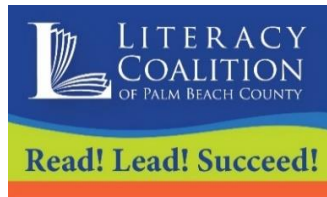


READ, understand and THINK before you ACT.



Leading through Reading

Spreading Notes of Kindness (K-2)

READ

No act of kindness, no matter how small, is ever wasted.

People can catch happiness. It spreads through acts of kindness.

BE KIND WHENEVER POSSIBLE. IT IS ALWAYS POSSIBLE.

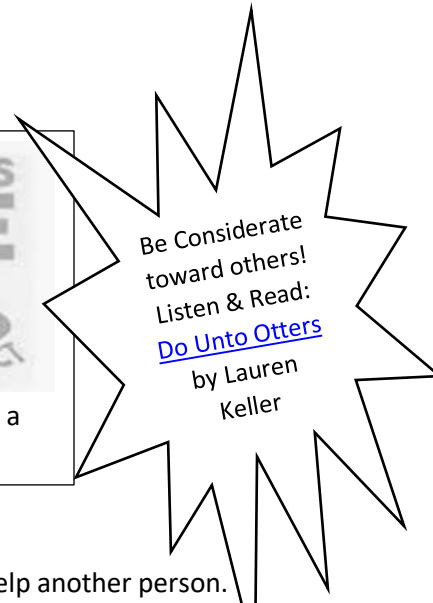
the DALAI LAMA

You can spread kindness!
It is always possible to be kind to one another.

THE KINDNESS WAVE

START A RIPPLE EFFECT

You can start a wave or a ripple of kindness.



THINK

Try to think about how it made you feel when you have done something kind to help another person.
Think about how it made another person feel.
Never forget that you have the power to be kind and create waves of happiness.

ACT

Start a Ripple of Kindness: Make an outside happiness display!

Ask your parents which of these ways you may help your neighbors to smile as they pass by your home:

- Put a stuffed animal and poster of a positive wish in the front window of your home
- Write positive messages on the back side of post-it notes or on construction paper. Display in the window of your parked car.
Note: Writing on windows with soap or EXPO markers may be difficult to remove.
- Maintain social distancing while you [draw beautiful pictures on the sidewalk with chalk](#).
- Write a thank you note to those who are helping and display it on your mailbox or trash can.
- Paint rocks with positive messages. Put them out for others to enjoy!



This at-home educational activity is from the Literacy Coalition of Palm Beach County's literacy-based social emotional learning program. *Read! Lead! Succeed!* is made possible with support from Prime Time Palm Beach County, Inc., which receives significant funding for its overall operations from the Children's Services Council of Palm Beach County.

Sharing is caring! Send us a picture of you and your Read! Lead! Succeed! projects to nbirardi@literacyabc.org