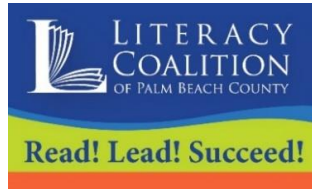


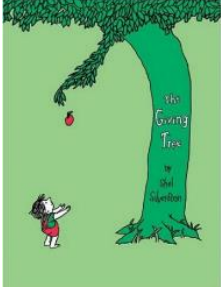
READ and THINK before you ACT.



## Leading through Reading

### Thanking PBC's Essential Workers (3-5)

#### READ



In the book, [The Giving Tree](#) by Shel Silverstein, the tree represents generosity. The tree gives and gives. The tree never expects anything in return. The tree does not remind the boy of all she has sacrificed. The tree can be a symbol for the people in our lives who give and give. Let's think about those people. Let's be grateful.

Gratitude is good for you. It helps you to have a positive attitude. When you express gratitude toward others, it makes you feel good and it makes the person you say 'thank you' to feel good too. In this unusual time, it is important to count your blessings and thank those closest to you. But, are you also taking time to thank those who are helping your community, neighbors, friends and family?

The health-care professionals, social workers, grocery store employees, restaurant cooks, grocery workers, journalists, postal workers, utility workers, government workers police officers, firefighters, cleaning staff members and emergency medical technicians are called “**essential workers.**” They are putting themselves at risk to help all of us.

Right now, students must stay at home, but you have the power to help by sending messages of support and gratitude.



#### THINK

Are there times when it is impossible for some people not to give everything they have? Does giving everything you can, sometimes mean that you have nothing left to give? Are there people in our world today that are like the tree in *The Giving Tree*? What do you say to someone who sacrifices for you?

#### ACT

Let's not forget to appreciate what we receive. Let's express gratitude to those helping our community.



For [example](#): In March, two girls made a basket full of homemade thank you notes. At that time, they were able to go out. They took their thank you notes and gave them to essential workers at the grocery store. Now, it is best not to go to the store unless we absolutely must go, but there are still ways to say thank you to grocery workers and others still at work.

**Write a thank you note to one or more of these:** Postal Workers, or Police Officers. Firefighters or Medical Workers. Utility Workers or Grocery Workers. Government Workers or Transit Workers. All Essential Workers.

Your thank you note should have five parts:

1. **Greeting-** An expression of hello to whom you are writing
2. **Reason-** Why you are writing to express your gratitude
3. **Wish-** Something nice you hope or want for these essential workers
4. **Compliment-** Something you admire about these essential workers
5. **Closing-** A kind word to say goodbye followed by your first name



Send your Thank You Note to:  
Palm Beach-Treasure Coast AFL-CIO  
Attn Ted Parsons  
1001 W 15<sup>th</sup> St.  
Riviera Beach, FL 33404  
Or Email to [tparsons@pbtafcio.org](mailto:tparsons@pbtafcio.org)

*This at-home educational activity is from the Literacy Coalition of Palm Beach County's literacy-based social emotional learning program.*

*Read! Lead! Succeed! is made possible with support from Prime Time Palm Beach County, Inc., which receives significant funding for its overall operations from the Children's Services Council of Palm Beach County.*

*Sharing is caring! Send us a picture of you and your Lead! Read! Succeed! projects to [nbirardi@literacypbc.org](mailto:nbirardi@literacypbc.org)*

*Thank you notes will be posted for essential workers to enjoy on a special web page at <https://www.pbtafcio.org/> & union or sponsor social media.*