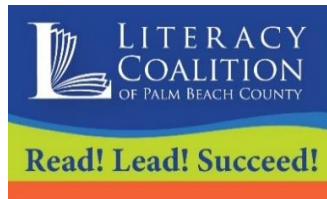


READ and THINK before you ACT.



*Leading through Reading*

Kindness at Home (K-2)

READ

You may not always feel like being nice but remember...  
**GOOD DEEDS FILL NEEDS.**



We all get grouchy sometimes. To feel better, it helps to do kind things for others.



Kindness at home matters most. Be kind to your family.



**"A slice of nice makes a mile of smiles!"**

Read this book to remind yourself that [Kindness is Cooler!](#)

THINK



What kind deeds can you do for others at your home? How will doing these kind deeds make you feel? In the book *Kindness is Cooler*, the children wrote kind deeds that they saw and did on heart-shaped paper and posted it on a board. If you were to write the kind deeds happening in your home on paper with a shape, what shape would you use?

ACT

**Perform Five Acts of Kindness for Your Family Everyday!**

Try some of these kindness deeds from *Kindness is Cooler, Mrs. Ruler!* Think of some more on your own.

- Make placemats for family dinner.
- Set the table.
- Help with laundry.
- Do a good job with your schoolwork.
- Take out the garbage.
- Help make meals.
- Clear dishes from the table.
- Sweep the floor.
- Take care of your pet.
- Wash or dry dishes or help load the dishwasher.
- Draw with your little sister.
- Clean your room.
- Compliment someone in the family.
- Share a joke or a smile.
- Vacuum the rug.
- Play with your younger brother.

This at-home educational activity is from the Literacy Coalition of Palm Beach County's literacy-based social emotional learning program. *Read! Lead! Succeed!* is made possible with support from Prime Time Palm Beach County, Inc., which receives significant funding for its overall operations from the Children's Services Council of Palm Beach County.

Sharing is caring! Send us a picture of you and your Lead! Read! Succeed! projects to [nbirardi@literacypbc.org](mailto:nbirardi@literacypbc.org)