READ and THINK before you ACT.



Leading through Reading

Kindness at Home (3-5)

READ



Growing up on her grandparents' farm in Michigan, younger sister Patricia is very competitive with her brother Richard. She's always looking for something she's better at, but he even beats her at eating rhubarb. When they compete for who can ride a merry-go-round the longest, something happens that changes their relationship forever.

Are you making choices that could change your family relationships forever? Are they positive choices?

Listen to the book, <u>My Rotten Redheaded Older Brother</u> by Patricia Polacco. Let it inspire you to think about your family.

THINK



Are you eating "Angry Apples"? What would you wish upon a falling star? What might this time in history offer you in your family relationships? While you are staying home with each other, are you doing your part to grow closer to your family members? How are you being "rotten"? How are you being kind? Do you say nice things or *not* nice things? What have you learned to appreciate about each of your family members? Are you ready to make the most of this time? List three ways can you think of to be less "rotten" and three WAYS TO BE KINDER to your family.

ACT

Try these THREE ideas and put your list of WAYS TO BE KINDER into action!



Enjoy Positive Memories Ask your family members if they think there is a favorite family recipe or story?

Share your good memories!



Compliment a Family Member Find something each of your family members does well! Run fast? Sing? Draw? Anything!

Share the nice things that you think!



Appreciate the Kindnesses
Each time someone you live
with does something that
makes your day better, take
time to feel grateful.
Say thank you to others!

Say thank you to others!

This at-home educational activity is from the Literacy Coalition of Palm Beach County's literacy-based social emotional learning program.

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