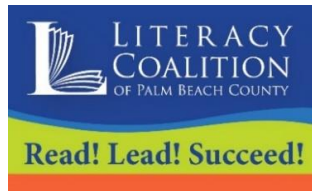


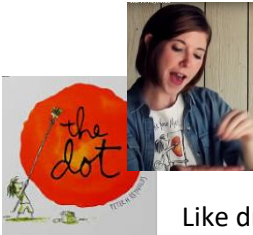
READ and THINK before you ACT.



Leading through Reading

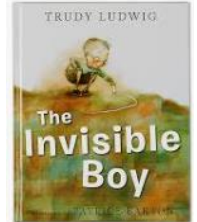
Relaxing with Art: Doodle and Draw (3-5)

READ



Doodling and drawing can help you to:

- Concentrate better.
- Inspire you to be more creative.
- Work through your emotions and relax.



Like drawing, reading also helps you to relax! Enjoy these books. Each has drawing as part of the story: *The [Invisible Boy](#)* by Trudy Ludwig, *[The Dot](#)* by Peter Reynolds and a related video: [Dot Song](#)

THINK

Make Your Mark! This is a saying that means have an impact, do something that gets recognized by others. In addition to all that drawing does for your happiness, could it also:



- help you to make your mark?
- help you spend time with others?



Brian, The Invisible Boy, kept himself happy by drawing but it also helped him to meet and make a friend.

ACT

Doodling Activities to Try at Home

On your Own



Create Dot Designs!

Gather whatever crayons, markers, and paints that you have with sheets of paper to make pictures that start with dots.

Watch: [Ready, Set, Draw-ish!](#) with Peter H. Reynolds, the author of *The Dot*. Be inspired and draw and doodle whatever you wish. All you need to do is start with a dot! Peter Reynolds reminds us:

"There is no right or wrong way to make a dot."



See this book to: [Doodle and draw with shapes!](#)

With the Family

Create Family Doodles and a Family Logo!

-Write each family member's name on a small sheet of paper. Fold the papers and put them into a bowl. Each family member draws a name but does not tell anyone whose name was on their paper.

- On their own, each person should do their best to doodle and draw pictures and illustrations to represent the person on their sheet of paper. Pictures should include sports, favorite foods, hobbies, values and other things that may remind others of that person.

-When time permits, the family should get together to share their illustrations and guess who got which person.

-While together the family can brainstorm a family logo or crest based upon the shared drawings and discussions about what family members like and have in common.

This at-home educational activity is from the Literacy Coalition of Palm Beach County's literacy-based social emotional learning program.

Read! Lead! Succeed! is made possible with support from Prime Time Palm Beach County, Inc., which receives significant funding for its overall operations from the Children's Services Council of Palm Beach County.

Sharing is caring! Send us a picture of you and your Lead! Read! Succeed! projects to nbirardi@literacyabc.org