**READ and THINK before you ACT.** 



# Leading through Reading

# Dream Big! (K-2)

## **READ**



It is important to dream big things for ourselves! Dreaming gets us from where we are to where we want to be.



When you dream for yourself, imagine all the wonderful people you may meet, things you can do and places you will go.



Imagine yourself as the best you can be. See it! Believe it! Be it! Work hard! Believe in yourself!



Going Places by Peter Reynolds

BELTEVE

#### **THINK**



Listen for Inspiration

In the book Going Places by Peter Reynolds, the children made a flying machine. If you could make your own creation of any type, what would you make? If you could be anything as an adult, what would you be? Would you be a

basketball player? A farmer? A truck driver? A nurse or doctor? A musician? A teacher? A chef? A pilot? Others have accomplished their dreams. You can too!! What do you dream to be when you grow up?

**ACT** 

### **Dream Big!**

First, think about what you would like to do and be sure to believe in yourself.

Then, practice setting and achieving specific goals. Try these practice suggestions:

A. Set and Achieve a **Goal with Your Family** 

B. Set and Achieve a Goal for Yourself

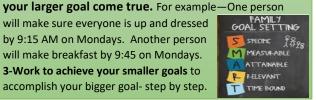


1-Set an important goal for the family together. For example—While we are home, before 11 AM on

Mondays, let's each do a work, school or learning activity. 2-Make a list of smaller goals that will help to make

will make sure everyone is up and dressed by 9:15 AM on Mondays. Another person will make breakfast by 9:45 on Mondays.

3-Work to achieve your smaller goals to accomplish your bigger goal- step by step.



**1-Set a big goal for yourself.** For example—Become a better basketball player. 2-Make a list of smaller goals that will help to make your larger goal come

true. For example—I will watch one each week to learn tips from basketball players \* will do drills twice a day.

3-Work to achieve your smaller goals. This will help you accomplish your bigger goal-step by step.

\*Watch: Jaren Jackson Jr. gives tips to be a great basketball player -NBC Today Show



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