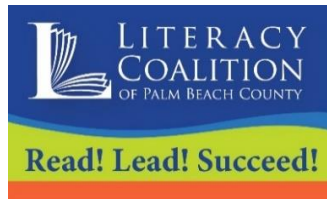


READ and THINK before you ACT.



## Leading through Reading

### Humor Helps (K-2)


#### READ




Laughing is good for your body and your mind. It gives your body more oxygen! More oxygen helps us to feel calmer and be healthier.



Laughter helps us to relax. It makes our mood better and lessens some of our aches, pains and worries.



Keep laughing. Read joke and hilarious story books. Watch funny shows. But, never laugh at things that hurt another person.



Listen to the author, B.J. Novak read some of [The Book with No Pictures](#) or read [the entire book](#) with all of the silly words.

Parents –Check out some more hilarious story books for your children: [10 Legitimately Funny Books to Read Aloud with Your Kids](#)

#### THINK

Has reading a funny book, being silly with a friend, or watching a funny movie or tv show ever made you feel happy? How do you think these things could help you if you are feeling worried or sad?

#### ACT

Try these fun ways to add laughs to your day!

Read some jokes!

##### Joke Video 1

What's a snake's favorite subject?



HISSSSTORY

##### Joke Video 2

Why can't your nose be 12 inches long?



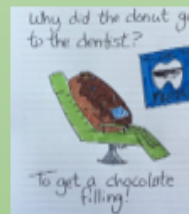
Help Create a Funny Post for our Facebook page!

##### Social Media Project 1

Draw an illustrated joke for our Facebook page OR

Help us laugh at the recent TP shortage by creating a new label, slogan, poster or video commercial for an endless roll of toilet paper! Send your entries to [nbirardi@LiteracyPBC.org](mailto:nbirardi@LiteracyPBC.org)

Donna Gephardt, the author of *Death by Toilet Paper* will send a FREE BOOK to the best submission!

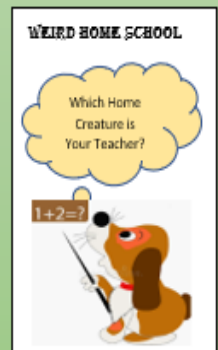


##### Social Media Project 2!

Draw an illustrated joke for our Facebook page OR

Help us laugh at the recent change to learning at home by creating a weird school book title and cover for a about school at your house. Be sure to put your name, age and city on your drawing.

Send your illustrations to [nbirardi@LiteracyPBC.org](mailto:nbirardi@LiteracyPBC.org)



Submit by 8/1/2020

This at-home educational activity is from the Literacy Coalition of Palm Beach County's literacy-based social emotional learning program.

*Read! Lead! Succeed!* is made possible with support from Prime Time Palm Beach County, Inc., which receives significant funding for its overall operations from the Children's Services Council of Palm Beach County.

Sharing is caring! Send us a picture of you and your Read! Lead! Succeed! projects to [nbirardi@literacypbc.org](mailto:nbirardi@literacypbc.org)