**READ and THINK before you ACT.** 



## Leading through Reading

## Mistakes Happen (3-5)

## **READ**



Are you afraid to make a mistake? Do you go into a tizzy or throw a fit if you make a mistake?

OR

Do you think it is impossible for you to make a mistake?

Do you feel that you and your favorite people are always right?

If these things describe what you think, feel, or do when it comes to mistakes, let us try to adjust your attitude. Can you accept that mistakes happen? Mistakes are something to expect. Many types of mistakes help us to grow. Good things can happen from mistakes.

It is great to make each mistake an opportunity! Be ready to learn and improve. Focus. Find strength.

Did you know that some of our best discoveries, like chocolate chip cookies, were mistakes? Some of the world's smartest, richest, and most famous people grew because they were not afraid to make a mistake and they did not fall apart when they made one.

READ: <u>The Girl Who Never Made Mistakes</u> by Gary Rubinstein and Mark Pett and <u>The Book of Mistakes</u> by Corinna Luyken. Look for more books and stories about mistakes such those on Plans 58 & 59 and <u>The Day Roy Riegels Ran the Wrong Way</u> by Dan Gutman.

## **THINK**

In what ways do stories of people who made mistakes and kept going encourage you? Consider these examples:



Steve Jobs offered some wise words. "Sometimes when you innovate, you make mistakes. It is best to admit them quickly and get on with improving your other innovations." In 1985, Jobs was fired from the company he created. It gave him the opportunity to start new projects such as Pixar. Eventually, he re-entered Apple and became CEO, showing that passion can be stronger than failure.

Walt Disney was told that he was not creative enough. His business Laugh-O-Gram went bankrupt. He essentially had hit rock bottom until he found success with Mickey Mouse in *Steamboat Willie*. His next success was with *Snow White and the Seven Dwarfs*; it was the first ever full-length animated film and won eight Oscars.



WHO NEVER

MADE .

MISTAKES

THE DAY ROY RIEGELS

WRONG

More Interesting Mistakes

ACT Challenge Your Ability to Accept Your Mistakes & Grow: You can focus, find strength, learn, and improve.

Enjoy this video. Then, practice your ability to manage your reactions to mistakes with these easy-to-fail activities:



- Use your opposite (non-dominant) hand to do daily tasks. Eat cereal or soup. Sweep. Write. Carry a stack of (non-breakable) items around your home. Pour a drink. Brush your teeth. Wash your hair.
- Recite <u>tongue twisters</u>! Everybody makes blunders with this classic challenge. Click on the link, giggle, and grow with these funny words. Remind yourself, it is okay to make mistakes. Focus and try again and again!

This at-home educational activity is from the Literacy Coalition of Palm Beach County's literacy-based social emotional learning program.

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